Recordatório Alimentar de

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					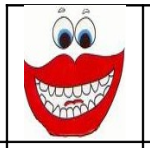	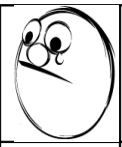	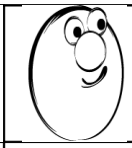	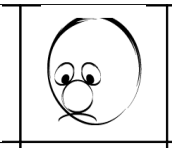	
Data	**Horário**	**Local**	**Alimento**	**Quanto**	**feliz**	**triste**	**neutro**	**estressado**	**ansioso**

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